

# LifeWalk 2017

## Life Walk- Frequently Asked Questions

### What time is the Walk?

Registration opens at 9 AM who walk itself begins at 10 AM and that is followed by a free bowl of jambalaya. All festivities conclude at 12 PM

### How long is the Walk?

The Walk is a 2 mile distance consisting of five laps around the tennis center if you're not able to complete this distance in its entirety there are short cuts to the main building.

### Exactly where is parking and where do we park?

The YMCA Paula G Manship will provide parking free it is located just across the bridge from the Lamar Tennis Center.

### Where do I turn in my pledge form and get my rewards?

Bring printed pledge forms with pledges to the Walker registration which opens at 9 AM and collect your rewards from the rewards table.

### What if it is raining on the day of the walk?

The walk is rain-or-shine event dress appropriately and bring an umbrella if needed.

### I'm volunteering where do I go that morning?

Arrive at the YMCA Paula G Manship a few minutes before your shift check in at the registration table and sign-in under volunteer for further instructions.

### I can't make the Walk day, can I still participate?

Yes you can be a silent walker set a goal, ask for your sponsors, and simply pick a time and place to walk that is great for you.

### How much does it cost to participate in the Walk?

There is no cost/fee for registration, family activities, or Jambalaya. We just required that you register and receive a wristband.

### How do I get a Life Walk T-Shirt?

Walkers who raise \$150 will get a free Erase Her Need T-Shirt when they submit their pledge form.